# **ABOUT FOUNDATIONS HOUSE**



## **Admission Requirements:**

- Minimum of 30 days of sobriety required.
- Each resident will undergo a screening interview and drug test prior to admission

## **Stay Duration:**

 We anticipate an average stay of 6-9 months, though residents may stay for up to 2 years, depending on their progress

### **Program Overview:**

- Residents will engage in mandatory and volunteer groups, including:
- Intensive Outpatient Therapy (I.O.T)
- Case Management
- Christian-centered groups
- Our program follows a level system, where residents are encouraged to progress through levels of increasing responsibility and engagement.

#### Certification:

• Foundations House will be a L3 certified recovery residence by the state of Indiana, ensuring the highest standards of care.

#### **Important Dates:**

- We will be accepting residents at the end of January 2025.
- We will notify you when our waitlist opens.
- We anticipate that Foundations House will be at full capacity within 3-4 months after opening.

#### **Foundations House Supporters:**

We are grateful to the following organizations and individuals who are helping make this possible:

- FSSA (Family and Social Services Administration)
- United Way of Central Indiana
- IU Community Impact Investment Fund
- Individual donors

Important Note: While we support homeless shelters, Foundations House is not a homeless shelter. To ensure our program is the right fit for each resident and for the safety of all individuals, we can only accept residents who meet our sobriety requirements and complete the interview and screening process.